

HEATHER NEWMAN FITNESS

DISCALIMER

PLEASE CONSULT WITH YOUR PHYSICIAN BEFORE BEGINNING ANY EXERCISE PROGRAM. BY PARTICIPATING IN THIS PLAN, EXERCISE OR EXERCISE PROGRAM, YOU AGREE THAT YOU DO SO AT YOUR OWN RISK, ARE VOLUNTARILY PARTICIPATING IN THESE ACTIVITIES ASSUME ALL RISK OF INJURY TO YOURSELF, AND AGREE TO RELEASE DISCHARGE HEATHER NEWMAN FITNESS FROM ANY AND ALL CLAIMS OR CAUSES OF ACTION, KNOWN OR UNKNOWN, ARISING OUT OF HEATHER NEWMAN FITNESS NEGLIGENCE.
